

This devotion came to me on July 24, 2025 – Feast of St Charbel Makhlouf – from my morning Meditation based on: the Office of Readings; St Ammonius’ writings in the Office; and “Prayer for Fallen Sheep and Against a Fall in Faith” from the Precious Blood Devotional (Association of the Precious Blood, Tallahassee FL).

A *The Cloth of the Precious Blood*

I prepared a red cotton wash cloth to be used for this Stations/Devotion. I anointed/blessed it with:

Exorcised Holy Water,

Oil of St. Charbel, from Lebanon,

Good Friday Oil (exorcised olive oil that was used in the Good Friday Oil devotion after the night of Holy Thursday Adoration, at 3 a.m., Good Friday).

After my morning Mass, I explained the proposed devotion, in detail, to the presiding priest, and I asked him to provide a blessing on the cloth to dedicate it for this Devotion. He provided a detailed, devotion-specific blessing upon the cloth as well as upon my use of it in this Devotion. He included in the blessing of the cloth a grace of fruitful efficacy from the practise of this Devotion.

Note: The words the priest uses in the blessing of the cloth become part of the character and efficacy of the devotion. This applies to all priest-blessings of any religious item. It is helpful that you explain any item your are having blessed to the priest and, especially, your planned use of the item in your own faith devotions so that he can provide a suitable and, when appropriate, uniquely efficacious blessing.

My Cloth of the Precious Blood is now a consecrated Sacramental. (I will not use it as a wash cloth any more.)

(As with all sacramentals, my life of faith and devotion with it – which is properly God’s work – will help determine its efficacy in my faith journey. The sacramental efficacy and character of a sacramental go forward with it, both in the personal devotion of the person who has the sacramental and in the devotion of

others who may come into association with it – e.g. receiving a deceased parent’s rosary or receiving a second class relic from a Saint.)

After praying the devotion the first time, I decided to apply my Brown Scapular to my Cloth of the Precious Blood. My Brown Scapular and its attached medals have been venerated to at least 200 First and Second Class Relics over the years (including a relic of the True Cross), as well as to many crucifixes, statues, icons, Churches, Holy Doors, Oratories, Basilicas, Stations of the Cross, and pilgrimage sites. Recently, in Medjugorje, I touched it to the weeping fluid from the weeping wound of the Risen Jesus Statue; it was this association for which I decided to touch the scapular to my Cloth.

B *The Stations of the Shed Blood:*

1. At each Station use your imagination to focus your attention and meditation on the Blood Christ shed. This raises the devotion from Vocal Prayer to Mental Prayer.
2. Use the Cloth to collect the blood that was shed – an action both symbolic and real – by touching it reverently to the floor/ground while meditating on the blood that would be there to be collected. The use of your imagination and its efficacious work in Mental Prayer is essential to this part of the devotion. In addition, if you may want to touch the Cloth to the Station: to its Cross and Images.
3. Make a gesture of touching the Cloth with the collected blood to your forehead, your mouth, and your heart. This is your participation in the Blood that was shed for you – it is you exercising your presence at Christ’s Via Crucis as He sheds His Blood for your Redemption.
4. Pray a Devotion of your choice at each Station. This can be a formal set of ‘Stations of the Cross’ – St Alphonsus’ version is the standard and is always recommended as an excellent place to begin praying the Stations of the Cross – and it may be another standard devotion, or even one you create. Any devotion prayed at a Station ideally should go beyond mere Vocal Prayer into some brief meditation, i.e. Mental Prayer.

As an alternative, your devotional prayer may simply be silent attentiveness to the Station, with no words in your mind; this can become an exercise in the higher level of Affective Prayer which may be suitable to your personal progress in prayer and to the situation and circumstances at the time.

5. As the close of each Station, pray the “Precious Blood Prayer” 3 times while touching the Cloth to your mind, your words, and your heart; this is done as a gesture of forming them to Christ’s Mind, Christ’s Word, and Christ’s Heart through His Precious Blood.

**Precious Blood Prayer, from the
“Precious Blood” Devotion and Revelations
to Barnabas Nwoye**

(with Nihil Obstat and Imprimatur):

**“Most precious Blood of Jesus Christ,
save us and the whole world.”**

C *Suggested Devotion, for #4 above.*

(When praying the Stations after communion)

Since it was immediately after Mass when I first prayed this devotion, I chose simply to pray the post-communion prayer of Marie-Julie Jahenny over the course of the Stations. I prayed the prayer 7 times at each Station while meditating on being united to Jesus who was shedding His Blood for my/our salvation (for me or for whoever/whatever else came to mind at each Station). I have often prayed the Stations, right after Mass, in this manner.

**Post Communion Prayer and Devotion through
Marie-Julie Jahenny from Jesus:**

(Marie-Julie is the mystic who received the revelation of the Purple Scapular of Benediction and Protection)

In meditation, repeat for 5 minutes the following:

**“Oh Jesus, my Beloved, You live in
me and I live in You.”**

After 4 minutes, insert the invocation for conversion of sinners:

**“I ask you, God, for the conversion
of 1000 sinners.”**

Continue to the end of the 5 minutes with the prayer words.:

“Oh Jesus, my Beloved, You live in me and I live in You.”

(The promise is that God will grant the gift of the **Grace of Conversion** to “1000 sinners” for the communicant’s faithful, devoted praying of this prayer/meditation while the Eucharist still resides in his/her body – approximately 15 minutes duration. The conversion of “1000 sinners” is not stated as being either ‘immediate’ or ‘over time’ in the revelations; the promise is the provision of the **Grace of Conversion**; “1000” is a Scriptural symbolic number that is being applied to sinners in need of conversion. The devotion is to be a regular post-communal devotion for this intention.)

Personal note: for the invocation for conversion of sinners, I choose to pray a 3-fold invocation of the Trinity with a Thanksgiving, as follows:

***“Father, I ask You for
the conversion of a thousand sinners.
Jesus, I ask You for
the conversion of a thousand sinners.
Holy Spirit, I ask You for
the conversion of a thousand sinners.
Holy Trinity, I thank you for
the conversion of a thousand sinners.”***

The Thanksgiving is an Act of Faith, Hope, and Confidence in the Lord. I choose to include it according to the instruction of St Francis de Sales (and others) to include such Acts in or at the end of any Meditation.



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D *Sample Praying of The Stations of the Shed Blood*

Sign of the Cross †

Name the Station, then genuflect, bow, or kneel.

Pray:

***“We adore You O Christ,
and we praise, bless, and thank You,
for through Your Precious Blood
You have redeemed us and the whole world.”***

Imagine the **Blood** from Christ’s wounds that has fallen to the ground in this Station.

Touch your Cloth of the Precious Blood to the Blood of Christ by touching your Cloth to the floor/ground where you can imagine the Blood. Allow your Cloth to absorb His Precious Blood.

Touch His Blood from this Station which is now on your Cloth to your forehead (mind), to your lips (mouth), and to your chest (heart).

You may also touch **His Blood** to any other part of your body as the Holy Spirit moves you, and especially for healing, both physical and spiritual. You may also offer this blood for your intention at this Station.

Meditate (briefly) on these imaginings and actions.

Pray your Devotion of that Station. If you are so moved, you may choose as your **Devotion** simply to attend to the Mental Prayer of seeing and absorbing the Blood of Christ (a shorter or longer meditation on His Precious Blood, wounds, offering, etc.).

Close each Station by touching your Cloth to your mind, mouth, and heart, each time reciting the Precious Blood Prayer:

***“Most precious Blood of Jesus Christ,
save us and the whole world.”***

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Stations of the Shed Blood on the Via Crucis (Way of the Cross)

A Meditation of Sacramental Devotion to The Blood Christ Shed on The Way of the Cross

with personal insights
from the author of this devotion

G♦E♦M
Saskatoon, Canada