

*A Scriptural*  
*Litany of Confidence*  
*in the*  
*Works of the Lord*

*A Journey of Trust and Surrender*  
*through*  
*27 Texts from Sacred Scripture*

*This booklet is a resource created for use with the book*  
***God's Plan: A Treatise on Spiritual Direction***  
***for the Lay Catholic***

*by*

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## *Confidence in the Works of the Lord*

**Confidence** – also called ‘**Holy Confidence**’ in the Tradition – is when a person of faith in Christ has **trust in** and **expectancy of** the **Promises of God**. This Confidence is a characteristic trait – some writers in the Tradition refer to it as a virtue in and of itself – of the faithful person in how she<sup>1</sup> approaches all situations and circumstances in life with **absolute trust that God has acted, is acting, and will act** for her (and for others’) good.

**First, there is the belief that God has been working in her life and has a good plan for her.** This is something that a person comes to know over time through meditative reflection on her life and faith journey. In this, she can see some of the pieces that are already in place, even some of the ones that are being put in place right now. This is **God’s Preparation Work**.

**Following this, it is the experience of Providence readily recognised, here and now.** The person of faith sees God’s hand in all things that are good. She experiences God’s goodness in tangible ways that she can identify, and she experiences the effects of this both within and outside of herself. God is working, and it is in her participation in this work that she also experiences the effects of His work. This is **God’s Participation Work**.

**At an over-arching level, it is the understanding of journey.** The person of faith comes to the lived experience that the perfection – the completeness, wholeness, and other realities – of the Kingdom of God in her life is unfolding, partially present and yet distant in its fulfillment. The faithful pilgrim continues to journey, knowing that she is on the correct journey; clarity is always lacking to some degree because of the veil between us and God, yet as she recognises her growth toward her own perfection, the Confidence in God’s plan and work remains and is renewed. This is **God’s Perfection Work**.

In her diary, St Faustina relates Jesus telling her: “Most dear to me is the soul that strongly believes in My goodness and has complete trust in Me. I heap my confidence upon it and give it all it asks.” (453)<sup>2</sup> From her diary, we learn

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1 The ‘soul’ is referenced with the feminine pronoun in the Catholic Tradition.

2 St Maria Faustina Kowalska, *Divine Mercy in My Soul*, (3<sup>rd</sup> ed., 6<sup>th</sup> printing) Marian Press, Stockbridge, 2023, p.200.

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that **Confidence is a gift from God** to the soul who believes and trusts in His goodness and mercy. This gift of Confidence is a fruit of a proper and right-ordered humility; it is given to the soul who is becoming meek and humble of heart, like unto Jesus' Heart.



As its first intent, this “Litany of Confidence” invites the faithful pilgrim to three things:

### ***Growth in humility.***

The central characteristic and foundation of humility is explored in this litany, that is, learning who you are in God's mind and heart.

### ***Recognition of the attributes of God's Goodness:***

His love, presence, benevolence, mercy, desire to give, and so on.

### ***Trust in God***

to fulfill both the goodness of His promises and the fruits of the work He is doing for you, in you, and through you.

These three things will assist the faithful pilgrim as she grows toward **surrender to God's Work** and, subsequently, to become the fertile ground for God's great gift of Confidence and the fruits thereof.



## **Suggested Prayer Methods**

1. Pray as a Litany from top to bottom. This can be done daily, allowing time for meditation on whatever rises to your attention from the Litany.
2. Pray as a Novena, using 3 passages a day. Option: divide the Novena into 3 times slots over the day using one passage each time as a brief meditation. This would be a Novena on the 9 themes.
3. Pray as a triple (27 days) Novena of Meditation, using 9 passages per Novena according to the 3 Works of God. Pray one passage per day, with meditation. Pray the first Novena for Humility, the second for your Petition, and the third in Thanksgiving. *(For this method, a brief journal of each day can be a powerful tool for reflection and discernment.)*

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### *God's 1<sup>st</sup> Work — Preparation*

#### *From the Desire of God's Heart...*

Pr. 19:21 NIV	Many are the plans in a person's heart, but it is the Lord's purpose that prevails.	... Thy Will Be Done
Ps. 42:8 RSVCE	By day the LORD commands his steadfast love; and at night his song is with me, a prayer to the God of my life.	... Thy Will Be Done
Jer. 28:11 NIV	For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.	... Thy Will Be Done

#### *Through the Spirit Within...*

1 Jn. 2:27 NAB	As for you, the anointing that you received from him remains in you, so that you do not need anyone to teach you. But his anointing teaches you about everything and is true and not false; just as it taught you, remain in him.	... Thy Will Be Done
1 Pet. 2:5 NABRE	Like living stones, let yourselves be built into a spiritual house to be a holy priesthood to offer spiritual sacrifices acceptable to God through Jesus Christ.	... Thy Will Be Done
Rom. 8:26 NAB	In the same way, the Spirit too comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit itself intercedes with inexpressible groanings.	... Thy Will Be Done

#### *On the Journey to God...*

Jer. 6:16 NCB	These are the words of the Lord of hosts: Stand at the crossroads and look around; ask for the ancient paths. When you are shown where the good way lies, walk along it and your souls will find rest.	... Thy Will Be Done
Is. 42:16 NAB	I will lead the blind on a way they do not know; by paths they do not know I will guide them. I will turn darkness into light before them, and make crooked ways straight.	... Thy Will Be Done
Eccl. 3:11 NIV	He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end.	... Thy Will Be Done

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### *God's 2<sup>nd</sup> Work — Participation*

#### *By God's Sufficiency...*

- 2 Cor. 12:9  
NCB      He answered me, "My grace is sufficient for you, for power is made perfect in weakness." Hence, I will boast most gladly of my weaknesses, in order that the power of Christ may dwell within me. ... *Thy Will Be Done*
- Ps. 62:1-2  
GP      In God alone is my soul at rest,  
my help comes from Him. ... *Thy Will Be Done*  
He alone is my rock and my salvation,  
my stronghold.
- Joel 2:25  
RSVCE      I will restore to you the years  
which the swarming locust has eaten. ... *Thy Will Be Done*

#### *In Our Transformation...*

- James 4:8, 10  
NAB      Draw near to God, and he will draw near to you.  
Cleanse your hands... purify your hearts... humble yourselves before the Lord and he will exalt you. ... *Thy Will Be Done*
- Rom. 8:28  
NAB      We know that all things work for good for those who love God, who are called according to his purpose. ... *Thy Will Be Done*
- 2 Cor. 3:18  
NAB-BV      Reflecting the glory of God with unveiled faces,  
we grow ever more radiant  
as we are transformed into his likeness. ... *Thy Will Be Done*

#### *As Our Guide and Companion...*

- Deut. 1:48  
NRSV      It is the LORD who goes before you. He will be with you; he will not fail you or forsake you. ... *Thy Will Be Done*
- Ps 23:4  
KJV      Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. ... *Thy Will Be Done*
- Ps. 91:9-11  
NABRE      Because you have the Lord for your refuge  
and have made the Most High your stronghold,  
No evil shall befall you,  
no affliction come near your tent. ... *Thy Will Be Done*  
For he commands his angels with regard to you,  
to guard you wherever you go.

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### *God's 3<sup>rd</sup> Work — Perfection*

#### *Through His Redemption...*

- Ecc1. 3:14  
RSVCE I know that whatever God does endures forever;  
nothing can be added to it, nor anything taken from it;  
God has done this, so that all should stand in awe ... *Thy Will Be Done*  
before him.
- 1 Pet. 2:24  
NABRE He himself bore our sins in his body upon the cross, so  
that, free from sin, we might live for righteousness. By ... *Thy Will Be Done*  
his wounds you have been healed.
- Jn. 1:4-5  
NABRE What came to be through him was life,  
and this life was the light of the human race;  
the light shines in the darkness, ... *Thy Will Be Done*  
and the darkness has not overcome it.

#### *As a Blessing on Our Generations...*

- Ps. 103:17  
NABRE The Lord's mercy is from age to age,  
toward those who fear him.  
His salvation is for the children's children ... *Thy Will Be Done*  
of those who keep his covenant,  
and remember to carry out his precepts.
- Gen. 22:18  
NAB And in your descendants, all the nations of the earth  
will find blessing – all this because you obeyed my ... *Thy Will Be Done*  
command.
- Lk. 1:48-49  
NAB-BV The Almighty has done great things for me,  
and holy is his name.  
He has mercy on those who fear him ... *Thy Will Be Done*  
in every generation

#### *In a New Creation...*

- 1 Pet. 2:6  
NABRE Behold, I am laying a stone in Zion,  
a cornerstone, chosen and precious,  
and whoever believes in it ... *Thy Will Be Done*  
shall not be put to shame.
- Ps. 1:3  
NABRE He is like a tree  
planted near streams of water,  
that yields its fruit in season; ... *Thy Will Be Done*  
Its leaves never wither;  
whatever he does prospers.
- Rev. 21:5  
D-R And he that sat on the throne, said:  
Behold, I make all things new. ... *Thy Will Be Done*

Litany of Confidence

*Personal Notes*

*The Shadow of the Cross Falls*  
*Where the Light of Victory Shines®*

# Litany of Confidence

## Abbreviations for Bibles Referenced

D-R	Douay-Rheims
GP	Grail Psalms
KJV	King James Version
NAB	New American Bible
NAB-BV	New American Bible - Breviary Version
NABRE	New American Bible, Revised Edition
NCB	New Catholic Bible
NIV	New International Version
NRSV	New Revised Standard Version
RSVCE	Revised Standard Version, Catholic Edition

*The “Litany of Confidence in the Works of the Lord” as of this printing, is for private devotion. It has not yet been submitted for approval for public devotion. Such submission is planned for the near future.*

*Please see the publishers website for any updated version of this litany.*

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