

Suggested Instructions for Use of Homily Journal[©]

- Step 1** Pray for the Homilist prior to the Homily, and also ask the Holy Spirit and your Guardian Angel and Saints to assist you.
- Step 2** Listen to/read the Mass Readings (before or during Mass).
- Step 3** Jot down brief notes/points about each reading at the bottom of the page. For the Psalm you may want simply to write out the Response (this can be done before or during Mass).
- Step 4** Take notes on the Homily in the left column: brief notes, point form notes, key ideas that capture your attention, significant words/ideas, etc.
- Step 5** Later that day/week, revisit what you wrote, and write out anything that comes to mind. Do this as a time of discerning prayer.
- Step 6** Meditate on anything that stays with your attention. See Chapter 11 of *God's Plan A Treatise Spiritual Direction for the Lay Catholic* for helpful teaching and instructions on successful Catholic meditation.
- Step 7** Create a Title for your journal entry, and number the entry.
- Step 8** Copy the Title and Date to the Index page at the front of the Journal.



G'E'M Press Catholic Publishing House

Saskatoon, Canada

gemcatholicpress.com

"Catholic Resources to Fuel the Faith Journey"

This booklet © 2025, GEM Catholic Press.™ All rights reserved.

GEM Catalogue # 24-0102-0011-08-01

Cover Photo – Tobernalt Holy Well ©2025, GEM Catholic Press.

Copies permitted according to the copyright details available at gemcatholicpress.com



GEM Catholic Press
Saskatoon, Canada

Homily Journal – Index

Name: _____ Contact #: _____

	Title	Date
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____
16.	_____	_____
17.	_____	_____
18.	_____	_____
19.	_____	_____
20.	_____	_____
21.	_____	_____
22.	_____	_____
23.	_____	_____
24.	_____	_____
25.	_____	_____
26.	_____	_____
27.	_____	_____
28.	_____	_____
29.	_____	_____
30.	_____	_____
31.	_____	_____